What is the Teen Clinic?

The Chinle High School Teen Clinic is a service of the Chinle IHS and Chinle High School. At the Teen Clinic you can get health care without missing school.

Except under special circumstances, services at the Teen Clinic are confidential. Information you give to the providers will not be shared without your permission.

The Teen Clinic is not the same as the School Health Office. The School Health Office serves all of the CHS students during school hours.

At the Teen Clinic, IHS staff serves Native American Students during scheduled appointment hours.

IHS Staff:

Melinda Brady, NRCMA, HT  
Medical Assistant

Laurie Haudley, CMA, HT  
Medical Assistant

Charlotte Swindal, CNP  
Nurse Practitioner/Midwife

Nurit Harari, MD  
Pediatrician

Pediatrician

Maryclaire O’Neill, D.O.  
Family Practice

Annie Moon, CPNP  
Pediatric Nurse Practitioner

Brandon Ko, APRN, CPNP  
Pediatric Nurse Practitioner

Andrea Cuff, NP  
Nurse Practitioner

Mahnar Darban, PT, DPT  
Physical Therapist

Vacant  
Dietitian/Nutritionist

High School Support Staff:

Wanda Sam, CNA
### How to Make an Appointment

Appointments can be made at the CHS health office. Stop in or call

674-9592

Appointments can also be made by the Chinle IHS Clinic. Ask at the Clinic or call

1-800-734-0446 or 674-7070

There is also a walk-in time for students without appointments. The school health office staff can help with walk in visits. Just stop at the health office and ask.

Students coming to the Teen Clinic should be Native American.

Most visits require current health permit.

Teen clinic services are covered by IHS and are billed in the same way as hospital visits.

### Services Available

- Sports physicals
- Immunizations
- Regular physicals
- Health education
- Chronic Disease Management
- Prenatal care
- Reproductive health for men and women
- Treatment of illness
- Sports injuries
- Mental Health Counseling

### Why Come to Teen Clinic?

Minimize time lost from school

Emphasize wellness and self care

Individual care

Discuss health problems

Care for long and short-term health needs

### Schedule

#### Clinic Hours

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
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<tbody>
<tr>
<td>Monday</td>
<td>9:00 – 3:00</td>
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<tr>
<td>Tuesday</td>
<td>9:00 – 3:00</td>
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<tr>
<td>Wednesday</td>
<td>9:00 – 3:00</td>
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<tr>
<td>Friday</td>
<td>9:00 – 3:00</td>
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#### Physical Therapy

Thursday afternoon

#### Mental Health

By referral

#### Nutrition Services

<table>
<thead>
<tr>
<th>Days</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>Tuesday</td>
<td>1:00 - 3:00</td>
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<tr>
<td>Friday</td>
<td>9:00 - 3:00</td>
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